

## **Instructions for the Anti Smoking Program**

---

Instructions for the Anti Smoking Program.....	1
Introduction.....	1
Activation.....	2
Therapy protocol.....	2
Opening the Program .....	2
Loading/Accessing a Client .....	2
Evaluation .....	2
Follow up sessions .....	3

### ***Introduction***

This program does not work via subspace. It has been designed to only work using the harnesses and with either the ‘SCIO-Q’ or ‘SCIO’ interface box.

- Before running a therapy make sure that the person does really wish to stop smoking and that has not smoked a cigarette at least two hours previous to the therapy. This is because the system needs to determine the frequencies of the smoke-free body.
- The patient needs to bring to the therapy at least one cigarette of the brand normally smoked.
- The information in the box regarding the percentages of nicotine and tar are necessary for best calibration of the system.
- During the therapy the person will be asked to smoke a cigarette. This is so that the system can determine the frequencies of the smoke-full body.

Using the ‘Trivector’ pattern principle the system will use 3 readings to best adjust the Anti Smoking frequencies, these are:

- Trivector pattern of smoke-free body
- Trivector pattern of smoke-full body
- Trivector pattern of sample cigarette

The total therapy last just about half an hour. It might be necessary to do more than one therapy on a very addicted patient.

If the software does not detect the ‘SCIO’ box (System for which it was originally designed but that works just as efficiently with the ‘SCIO-Q’ box), at start up it will advise: ‘SCIO’ DEVICE NOT DETECTED. YOU ARE USING A ‘SCIO-Q’ DEVICE. It will switch to the ‘Parallel Port’.

## *Anti Smoking Program Instructions*

This software has been designed as a stand alone program and whilst it is being used it is not advisable to perform any other functions with the computer, even if the 'SCIO' interface box is being used.

### **Activation**

When you open the program it will state how many uses are left. When you want to buy click the "Buy" button. This will display a registration number. Email or fax this to your supplier. You can close the computer as the same registration number will display when you open it next time. When you receive the number back open the program and enter the code.

The program will not be activated till payment is made of USD \$500.

### **Therapy protocol**

#### **Opening the Program**

1. Double click on the icon of program on desktop to initiate program.
2. If the software does not detect the 'SCIO' box (System for which it was originally designed but that works just as efficiently with the 'SCIO-Q' box), it will advise: "SCIO' DEVICE NOT DETECTED. YOU ARE USING A 'SCIO-Q' DEVICE'. It will switch to the 'Parallel Port'.
3. Click the 'OK' button.
4. The Anti Smoking main screen will be displayed.

#### **Loading/Accessing a Client**

1. Click on the button 'Patient Data'. Patient data window will open.
2. To add a new entry click the 'New Patient' button. 'New Patient' panel will open. Enter all data required and click on 'Save'.
3. Window will close and name and sex of person will be displayed in the 'Patient Data' sub group in the 'Main Menu' panel.

#### **Evaluation**

1. ***The client must not have smoked in the previous 2 hours***
2. Click on 'Therapy Panel' button. Therapy Panel will be displayed.
3. Click on 'Evaluate'. Information window will be displayed. Click on 'OK' to initiate evaluation.
4. The evaluation will last 3 to 5 minutes. Once concluded information window will appear with the message: *'Patient must smoke a cigarette now and then place the cigarette butt onto the test plate of interface box.'*

## *Anti Smoking Program Instructions*

### **Therapy**

1. The client smokes a cigarette.
2. Place the cigarette in a glass container and onto the test tray.
3. Please click 'Treat'.
4. Click 'OK'.
5. 'Treat' button will be activated. Click on it.
6. The process will take 12 to 15 minutes. When finished an information window will advise '*Therapy over*'. Click on '*OK*' to finish session and then on '*Close*' to end.

### **Follow up sessions**

The data of the patient is stored in the computer and if further sessions are required, you have the option to load the person back, and modify the data if required. A 'delete' button has been provided to delete unwanted entries.

Whilst the pattern is stored it is better to use a freshly smoked cigarette each time since there are many other factors which alter the way the frequencies are given to the person on the second part of the therapy i.e. suppose the person has been drinking a lot of tea or coffee since the last therapy. This will affect the readings in the first part and also the balancing frequencies will be different in the second part. A 'SOC' index is not included in this program but nevertheless it is 'accounted' for based on the initial readings.

The person must smoke a cigarette each time a therapy is given (Although our aim when creating this program is that one therapy - max. 2, would be enough). It is not necessary that the person smokes the whole cigarette.

An old cigarette tub will give you weaker readings because it loses its energy, it decays like anything else.