

Demographics Worksheet V1.0

Name

Session date:

Session No:

Patient Review and Suggestions

The following is based on a combination of information provided by you, hints of possible aspects involved in your health process from the QCXI dialogue and practitioner knowledge. As with all health therapy they are our input to assist your wellbeing. Our recommendations are made with care. We can't always be definitive, do not state that our suggestions are the only way forward or that our findings are the only possibilities. It is important that you are comfortable with any suggestions that you choose to adopt and advise us promptly of any unexpected reactions.

Purpose of Visit / Issues

		Acute/chronic
1		
2		
3		
4		
5		
6		

Lifestyle issues

Your SOC (lifestyle suppression and obstruction to cure is: [])

The following guidelines apply

SOC Value	Hints
<50	Nearly everyone should be able to achieve this: lifestyle is good and energy medicine should be effective.
50-100	Some changes will be beneficial, energy medicine generally effective.
100-200	Lifestyle changes are needed, remedies will be helpful in supporting changes and restoring system, energy therapy will be partly effective.
>200	Major lifestyle changes are required

Causes and aggravations

Test>Information>causes and Aggravations

	Cause	Aggrav'n		Cause	Aggrav'n
Allergy			Mental factors		
Allopathy			Over Intellectualization		
Def. Nutrients			Pathogens		
Desire stress			Perverse energy		
Excess Nutrients			Stress		
Family stress			Stress from sickness		
Heredity			Struggle with self		
Interpersonal Stress			Toxicity		
Job/school stress			Trauma		
Karma			Smoking		
Lack awareness			Sugar		

The lifestyle changes that will be beneficial are:

